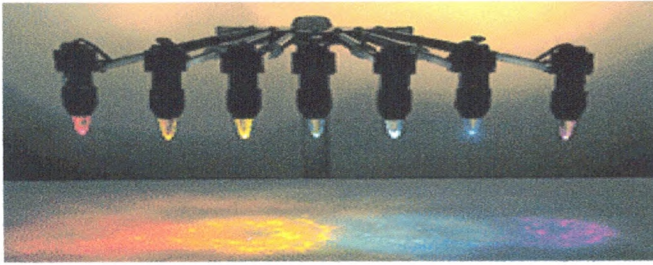




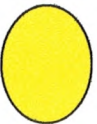




APPLIED CROMO THERAPY



COLOUR	CHAKRA	ILLNESSES AND PARTS OF THE BODY THAT MAY BE TREATED
VIOLET 	CROWN	This colour can treat mental disease and conditions related to the nervous system; rheumatism and conditions affecting the kidneys and bladder; the nervous system and brain. It is extremely magnetic and calming. It decompresses the motor neuron, circulatory and lymphatic systems. It purifies the blood and halts the growth of tumors. It maintains the potassium balance of the body. It acts on psychiatric conditions, developing the sensitivity.
INDIGO 	BROW	The colour indigo can be used on conditions of the eye, nose and ears; asthma and lung conditions; tackling tension and stress; skin boils and ulcers; eczemas and wounds; varicose veins. It reduces hemorrhage and affects the emotional and spiritual levels. It can treat abscesses. It is refreshing, astringent and electric. It acts on the parathyroid glands.
BLUE 	THROAT	This colour is cold, astringent, tonic and soothing. It has antiseptic qualities, and is indicated for all kinds of pains. It controls the throat chakra and produces a calm and peaceful vibration. It regenerates the nervous system. It is recommended in the treatment of worry, restlessness and anxiety. It is good for throat conditions, fever and inflammation; insomnia and headaches. It is good for menstrual pain.
GREEN 	HEART	This colour is much used for heart and lung conditions, as well as ulcers and headaches. It is much used in the treatment of cancer. It alleviates tension and nerve injuries. It is a refreshing and soothing colour, appropriate for the insomniac and restless. It favours the function of the pituitary gland. It inspires optimism, serenity and material progress. It acts on tumors and asthma conditions.
YELLOW 	SOLAR PLEXUS	This colour activates the motor neurons and generates muscle energy. It stimulates bile secretion. It is good for the skin and from the psychological standpoint alleviates depression. It increases the mental faculties and helps develop logical and intuitive skills. It helps treat conditions of the heart; digestion; constipation; liver and diabetes. It helps to eliminate calcium and is good for arthritis.
ORANGE 	SACRAL	Orange is recommended for conditions of the spleen and kidneys; bronchitis and lungs; kidney and gallbladder stones ; emotional paralysis; abdominal cramps and spasms; chronic rheumatism; conditions of the ovaries. It is very good for the circulatory system. It is a stimulating, warm and anti-spasmodic colour. As with the colour red, it can be used to address lack of vitality, spasms and muscle cramps.
RED 	ROOT	This colour should be used to treat conditions of the colon; rectum; spine; nervous system; genitals; anemia; paralysis; poor circulation and blood conditions; the muscular system. It stimulates and excites the nerves and the blood. It releases adrenaline, activates blood circulation and revitalizes the physical body. It is recommended for the anemic, undernourished and weak. DO NOT USE for inflammation.